Kognito At-Risk Online Trainings

Avatar-Based Learning: online, evidence-based, interactive gatekeeper training simulations used at more than 300 campuses nationwide

For the one URL to access all six (6) trainings click here: http://www.kognito.com/ccc

1. At-Risk for University and College Faculty
In this 45-minute training, faculty and staff learn how to recognize when a student is exhibiting signs of psychological distress and how to approach and connect the student with support services on campus. Users engage in conversations with emotionally responsive student avatars who exhibit signs of psychological distress. In this process, they practice and learn to use open-ended questions, reflective listening and other motivational interviewing techniques to effectively broach the topic of psychological distress, discuss their concern with the student, and avoid common pitfalls such as attempting to diagnose the problem or giving unwarranted advice.

2. At-Risk for Students
During the 30-minute simulation, students learn how to recognize when a fellow student is exhibiting signs of psychological distress and to approach and connect the student with support services on campus. Users enter a virtual environment, assume the role of a student, and engage in a challenging conversation with a student avatar who acts and responds like a real student experiencing psychological distress. Their goal in the conversations is to motivate the student to seek help.

3. Veterans on Campus for Faculty & Staff
In the 30-minute training, learners engage in simulated conversations with three virtual student veterans, helping each one resolve a challenge they are facing due to their transition. Users practice referring a service member who is being redeployed, managing a challenging class discussion about conflicts overseas, and approaching and referring a veteran who is exhibiting signs of post-deployment stress. The goals of the program are to assist universities and colleges in improving veteran retention and academic performance, promoting early intervention of students with psychological distress, and reducing stigma that could make veterans uncomfortable on campus.

4. LGBTQ on Campus for Faculty & Staff
This simulation prepares faculty and staff to support LGBTQ students on campus. Learners practice how to effectively manage classroom conversations in which prejudiced ideology is expressed, conduct a supportive conversation with a student who discloses an LGBTQ identity, and identify when a student may be distressed and refer them to support.

5. LGBTQ on Campus for Students
This 30-minute simulation encourages college students to build a community of respect and inclusion for their LGBTQ peers. Through virtual role-play, learners will learn to address discriminatory language, respond supportively when a peer comes out to them as LGBTQ, and approach and refer a peer who may be distressed and need additional support.

6. Veterans on Campus: Peer to Peer
Using virtual role-play, this simulation is designed to teach student veterans to recognize when fellow student veterans are in distress, approach them, and refer them to appropriate resources, if necessary. This simulation also includes information about common transitional stressors that student veterans may experience on a college campus.

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